



Momentum Cheer UK Absence policy

NEW THIS SEASON:

ALL HOLIDAYS MUST BE BOOKED IN AT www.momentumcheeruk.com/teams

ALL ON-THE-DAY ILLNESS ABSENCES MUST BE COMMUNICATED VIA TEXT/PHONE CALL TO 07899325795

Allstar cheerleading is a demanding team sport that takes full commitment from both athletes and parents, therefore attendance requirements will be strictly upheld. **One person's attendance affects the entire team**, and every session is vital, from skill building at the beginning of the season, through choreography sessions and fullouts in the run up to events and competitions; **it is crucial that athletes arrive on time, and take part in ALL scheduled sessions, competitions, and events.**

The following absence policy is non-negotiable and applies to every member of every team.

There is always room for clarification and explanation outside of practice times so don't hesitate to contact us if you have any concerns or questions.

UNPLANNED - Excused when coach is notified via text or phone call at 07899325795, more than 1 hour before session:

- Highly contagious or bed-bound illness with fever or vomiting.
- Family death.

PLANNED - Excused when booked in at momentumcheeruk.com/teams, at least 1 month before session:

- Graded school/university event, or one-off work event.
- Out of town vacations booked more than one month in advance.

UNEXCUSED under all circumstances:

- Travel and weather (it is all athletes' and parents' responsibility to plan well enough to ensure that factors such as traffic, public transport, and weather never affect athletes being at practice, and on time).
- Birthdays (athlete's own or anyone else's).
- Work shifts.
- Family/social events or parties.
- Recreational sports or competitive sports events.
- Any club or society session or event e.g. Brownies.
- Homework, coursework, or revision.
- Injury.
- Illnesses not covered by the UNPLANNED policy

RED ZONE - No absences may be booked in within the three weeks before events (showcase and competitions).

No absences of any kind, including lateness and early leave times, will be excused within the Red Zone. Any absence within this time seriously compromises the readiness of a team for an event and may result in team coaches removing an athlete from choreography within the routine, or from the team entirely for that event.

If team coaches perceive that an athlete's absences are affecting the team, they may choose to remove that athlete from choreography within the routine, any upcoming events, or from the team entirely.